Evaluating Health Resources

When evaluating health resources, articles, websites, images, etc. here are a few things you should consider:

**WHO** created or published the information; **WHAT** is the context or study methods;
**WHEN** was it published; **WHERE** did the information come from; **WHY** was the information shared.

Use the following questions as guidelines to help you think critically about health resources:

**WHO**
- □ Who is the author(s) or publisher?
- □ What are the credentials of the author(s), publisher, or government agency?
- □ Who runs or created the website (look at the About Us section)?
- □ Who is on the editorial board and are they affiliated with any organizations?

**WHAT**
- □ What were the methods used to reach the conclusion of the study?
- □ What was the population, control group, and/or sample size and was it clearly stated?
- □ Was the sampling method described and justified? Does the sample size accurately reflect the population?
- □ Can the study be easily replicated?
- □ Are any exclusions clearly stated?
- □ Can the results be extrapolated to other populations?
- □ Is the data represented properly and objectively?
- □ What is the peer-review process of the journal or article?

**WHEN**
- □ When was the information published?

**WHERE**
- □ Where did the information come from - a study, personal perspective, another article, interview, opinion, etc.?
- □ Where does the funding come from - a private organization, a hospital, a drug company, the government, etc.?

**WHY**
- □ Why was the information published?
- □ What are the intentions of the author or article or journal?
- □ Do the authors or publishers clearly identify a purpose or editorial standards?
- □ Can you determine a possible bias or conflict of interest?