PubMed provides access to over 27 million citations, journal articles and books, covering biomedical and life sciences literature. A majority of the content is accessed through the MEDLINE database, though some articles may be linked to publisher websites.

**The Search Process**

☑ **Step 1**
PubMed starts on a basic search screen.
Start by typing your keywords or terms into the search bar and click **Search**.

☑ **Step 2**
To limit the results to **Evidence-Based Medicine** articles, under **Article Types**, click **Customize**, select the following article types and click **Show**:
- Clinical Study
- Clinical Trial
- Comparative Study
- Controlled Clinical Trial
- Evaluation Study
- Meta-Analysis
- Multicenter Study
- Pragmatic Clinical Trial
- Randomized Controlled Trial
- Review
- Systematic Review
- Twin Study
- Validation Study

After clicking **Show**, you must then **click on each of the article types to apply them to the search results**.

☑ **Step 3**
To limit the **Publication Date**, use the preset limiters or set a custom range.

☑ **Step 4**
To limit the results to **Nursing Journals**, click **Show additional filters**, select **Journal Categories** and click **Show**.
Under the new filter, **Journal Categories**, select **Nursing journals**.
Step 5
To ensure the returned results better fit your search criteria and selected filters, under the Sort By dropdown menu, select Best Match.

Step 6
Click on the title of an article to view the author information, abstract, publication type, and journal information.

Step 7
PubMed catalogs articles and journals from across the globe. Verify a study or article’s country of origin by checking the Country of Publication in the NLM Catalog.

To verify location, click on the Article Title then the Journal Title —> Search in NLM Catalog.

Notes
To confirm if an article is Peer Reviewed, check the journal’s editorial process. The peer review criteria and reviewer or referee qualifications vary depending on the journal.

If you find an article that does not have full text availability, contact a Reference Librarian.